

# Mambo No 5

**Count:** 48      **Wall:** 4      **Level:** -

**Choreographer:** The Mambo Maniacs

**Music:** *Mambo No.5* by Lou Bega

**Intro:** 32 counts. Start 16 counts after "Ladies & Gentleman, this is Mambo No. 5". The dance will start before he starts singing the lyrics of the song. This dance was inspired by some of the song's lyrics

**(1) Jazz Jumps Forward & Back (With Optional Claps), Hitch Turn ¼ Left**

- & 1 2 Step right foot forward, step left foot beside right, hold (optional clap)
- & 3 4 Step right foot back, step left foot beside right, hold (optional clap)
- & 5 6 Hitch right knee up and turn ¼ left on ball of left foot, touch right toes to right side, hold
- & 7 8 Hitch right knee up and turn ½ left on ball of left foot, touch right toes to right side, hold

**(2) Punch High (Right Then Left), Punch Low (Right Then Left) Hand placement: make a fist with right hand, cup left hand over right**

- 1 Punch hands high towards 2:00 & push hips left as you slide right foot beside left
- 2 Bring hands back to chest level & hips to center
- 3 Punch hands high towards 10:00 & push hips to right
- 4 Bring hands back to chest level & hips to center
- 5 Punch hands low towards 4:00 & push hips to left
- 6 Bring hands back to chest level & hips to center
- 7 Punch hands low 8:00 & push hips to right
- 8 Bring hands back to chest level & push hips to center (end with weight on right foot)

**(3) Mambo Left, Hold, Mambo Right, Hold**

- 1 - 4 Step left foot to left side, step right foot in place, step left foot beside right, hold
- 5 - 8 Step right foot to right side, step left foot in place, step right foot beside left, hold

**(4) Mambo Front, Hold, ½ Right Monterey Touch, Hold**

- 1 - 4 Step left foot forward, step right foot in place, step left foot beside right, hold
- 5 6 Touch right toes to right side, pivot ½ right on left foot bringing right foot beside left
- 7 8 Touch left toes to left side, hold

**(5) Forward Step, Lock Step, Hold & Clap, Step, Clap Twice, Hold**

- 1 - 4 Step left foot forward, lock step right foot behind left, step left foot forward, hold & clap
- 5 - 8 Step right foot forward turning shoulders 45 degrees left, clap, clap hold (weight remains on right foot)

**(6) Mambo With ½ Turn Right, Walk, Hold, Walk, Hold**

- 1 2 Step left foot forward, step right foot in place
- 3 4 Pivot ½ turn left on right foot and step left foot forward, hold
- 5 - 8 Step right foot forward, hold, step left foot forward, hold

## Repeat

This dance was choreographed by the Mambo Maniacs at the Canadian Country Classic, July '99. The Mambo Maniacs are Tammy Wyatt, Burlington ON Canada, 905-632-7539 bootsnspurs@globalserve.net, Susanne Schalewa & Gert Wollschlager, Berlin. Germany, 011-49-30-485-6476 incahoot@blinx.de, Peter Metelnick. London ON Canada 519-439-5990, peter.metelnick@sympatico.ca, Dave Ingram, Stittsville ON Canada. 613-836-2483 dingram@ridgeway.ca