

Brookwood Senior Centre Groups-at-a-Glance

Class times subject to change. Last updated Nov 1, 2024

FOOD AND FRIENDS

First and Third Thursday each Month: 11:00am - 2:00, Contact Sandra at 604-575-2414

GAMES

- **Pool** – Tuesdays and Thursdays 9:00 am - noon.
Want to book a different time? Contact Lynne at lynnehasane@gmail.com.
- **Chess** – Monday 7:00pm - 10:00, Contact Hugh at 604-530-4693
- **Duplicate Bridge** – Wednesday and Friday: Noon - 4:00, Contact Bernice at 604-530-1094

FITNESS

- **Toning with Maria** maricarmenhillmer@gmail.com
Monday, Wednesday, Friday: 9:00am - 10:30. Thursday: 9:00am - 10:00
- **Zumba with Anett** zumbawithanett@gmail.com Tuesday 9:30am to 10:30
- **Fencing** Monday 7:00pm - 10:00. Contact Dave Beningfield at 604-996-1912

DANCE

- **Line Dancing with Peggy Thomson** 604-534-0299 dancingbears@telus.net

Monday:	1:45 pm - 3:45	(Intermediate)
Tuesday:	1:30 pm - 3:00	(Beginner +)
	3:00 pm - 4:00	(Beginner)
	4:30 pm - 5:30	(New beg. +)
Thursday:	1:45 pm - 3:45	(Intermediate)
Friday:	4:30 pm - 5:30	(Beginner)
Saturday:	8:00 am - 10:00	(New Intermediate)
	10:00 am - 11:00	(Beginner)
Sunday:	10:00 am - 12:00	(New Intermediate)
- **Synergy – Maggie’s Line Dance** mpecchia_2@icloud.com

Sunday:	6:30 pm - 9:00	(Interm/Adv)	
Thursday:	6:00 pm - 7:00	(Impr/Interm), 7:00 pm - 9:30	(Interm/Adv)
- **Square Dancing**

Tuesday:	7:00 pm - 10:00	(Plus Level)
Wednesday:	7:00 pm - 10:00	(Beginner/Mainstream)
- **Round Dancing** Monday: 7:00 pm - 9:00. Contact Garnet Janus ghjanus@shaw.ca
- **Mexican Dancing** Sunday: 1:00 pm - 3:30. Contact Maria maricarmenhillmer@gmail.com

CRAFTS

Contact Simone at simone@runlevel7.ca to find out when the “Generally Crafty People” will meet next for one of their all-day crafting and Scrap-booking marathons.
Look for “Langley Scrapbookers” on Facebook for more information.

QUILTING

Contact Lynne at lynnehasane@gmail.com for information or the group leaders: