

## Get in the *Groove!*

Brookswood Senior Citizens Activity Centre is excited to be the site of a new modern dance class called **Groove**.

Led by dancers Gina Janus and Wayne Mataika, the class will be a fusion of modern/funk and cultural contemporary dance techniques – including Fijian, Bollywood and Pacific – all taught to great up-beat music.



**Class Structure:** Warm-up, travelling movements, dance style, cool-down.

**Level:** This class will start at a *basic beginner level* but Gina and Wayne will accommodate all ages and levels

**Time:** Sundays, 3:45 to 4:45 starting January 10th.

**Cost:** BSC members - \$6 per class. Non-members: \$30 BSC membership plus \$6 per class.

**Contact:** Gina, 604-615-0327 or [ginajanus@yahoo.com](mailto:ginajanus@yahoo.com) to register and for more information.

### About the Instructors

**Gina Janus** has just returned from over a decade in the South Pacific where she performed, choreographed, and directed for numerous events and programs including VOU (Fiji's prestigious dance company) and where she collaborated with African and Maori performers whose cultural dance styles she now integrates into her classes and choreography. As well, she has choreographed work for a number of festivals around the world. Now back in Canada, Gina is raring to start up new classes for adults and children throughout the Lower Mainland and is pleased to be offering her first **Groove** class at Brookswood Senior Centre.

**Wayne Edward Mataika** – born and raised in Fiji – has toured extensively with VOU over the past seven years, performing traditional Fijian “meke,” Indonesian traditional dance, cultural fusions, bollywood and contemporary dance. He is now here testing Canadian waters and to see if he can survive the Canadian winter. He is most delighted to be donating his time and expertise to the **Groove** class in Brookswood.

